

# Summer Academy 2025

## Youth Academy

A featured year-round program designed to develop young students with the focus of systematically teaching fundamentals. Students will be grouped based on age/skill into Beginner(Age 8 & Up), Intermediate ( Age 11 & Up), and Advanced ( Age 13 & Up).

☐ **Fri(5-7P) Group @ \$250**

6/27; 7/11; 7/18; 7/25; 8/8; 8/15; 8/22; 8/29

☐ **Bonus Pack (Fr + Su) @ \$400**

☐ **Su(5-7P) Group @ \$250**

6/29; 7/13; 7/20; 7/27; 8/10; 8/17; 8/24; 8/31

## Camps

### High Performance(Position) @ \$190/Camp

The highest-level camp offered, which is designed to train high potential student-athletes in skills required to be successful at the next level. We put a high emphasis on skill development, competition, education and high repetition. It is a great opportunity for athletes to experience the best-quality Academy training.

To ensure the camp quality, Academy reserve the rights to decline registration based on our judgments on players' skill and volleyball experiences.

#### 12-14s(Rising 6-8th Grade)

☒ >1yr Experienced club team players

☒ Limited players per position group

#1: Jul 29-31; 530-830P #2: Aug 12-14; 530-830P #3: Aug 19-21; 530-830P

#### 15-18s(Rising 9-12th Grade)

☒ >3yr Experienced club team players

☒ Limited players per position group

#1: Jul 8-10; 530-830P #2: Jul 15-17; 530-830P

### Classic Camp(All Skills) @ \$270/Camp

Camps are geared for the beginner to intermediate volleyball player, grades 7-10th. We work on all of the skills included in the game of volleyball with an emphasis on developing an all-around player. This is accomplished through drills and skill development, competitions and games.

☒ Age 12-15 with 1-3 yr experience; Grouped based on levels

☒ MS players(rising 7-8th grade); HS players(rising 9-10th grade)

☒ Age 8-12; Grade 3-7th

☒ 0-1 yr experience

#### 3 Full-day Camp (830-4P)

#1: Jul 1-3

#2: Jul 15-17

#3: Jul 29-31

#### 3 Full-day Camp (830-4P)

#4: Aug 5-7

### High School Tryout Camp @ \$160/Camp

Designed to help HS players for the upcoming HS tryouts. It offers not only the skills training needed but also learning tryout process.

#1: Jul 8-10(9-12P)

#2: Jul 22-24(9-12P)

### Middle School Tryout Camp @ \$160/Camp

Designed to help MS players for upcoming MS tryouts. It offers not only the skills training needed but also learning tryout process.

#2: Aug 5-7(1-4P)

#2: Aug 12-14(1-4P)

#3: Aug 19-21 (1-4P)

## Specific Clinic

A skill/position specific coaching program designed to focus on different areas of the game: hitters(outside/right side), middle hitter/blocker, Setting(setters), and defense(L/DS). All clinics include some serving practices. Players are grouped based on skill levels.

☐ 7/13

☐ 7/20

☐ 7/27

☐ 8/10

☐ 8/17

☐ 8/24

☐ **Attacking**

☐ **Defense**

☐ **Setting**

**Sun 3-5P @ \$40/Clinic**

## Program Rules

✓ Program size is limited and will be accepted on a first-come, first-served basis

✓ Minimum and maximum sizes of programs apply. We reserve the right to cancel any program that does not reach minimum requirements.

✓ Group/age/skill levels are established for programs. Group placement/movement are decided by Academy staff/coaches

✓ Online registration/payment are required for all programs. No walk-in accepted.

✓ Full refund if program is canceled by Academy. Otherwise, issued credits could be used for other registrations. No refund will be issued after the program be

**ONLINE REGISTRATION REQUIRED**

Questions: [info@ncacademyvb.org](mailto:info@ncacademyvb.org)