Summer Academy 2023

Youth Academy

A featured year-round program designed to develop young students with the focus of systematically teaching fundamentals. Students will be grouped based on age/skill into Beginner(Age 8 & Up), Intermediate (Age 11 & Up), and Advanced (Age 13 & Up).

☐ Fri(5-7P) Group @ \$240

☐ Bonus Pack (Fr + Su) @ \$390

☐ Su(5-7P) Group @ \$240

7/7; 7/14; 7/21; 7/28; 8/11; 8/18; 8/25; 9/1

* There are no exceptions to the grade levels listed.

7/9; 7/16; 7/23; 7/30; 8/13; 8/20; 8/27; 9/3

Camps

Collegiate Performance @ \$40-60/Camp

App State University Coaches from NCAA DI programs. We are excited to host the training camps led by

MS Camp(rising 7-8th Grades)* Jul 8(Sat); 930-12P \$60 \$40 Setter Camp(rising 7-12th Grades)* Jul 8(Sat); 1-3P HS Camp(rising 9-12th Grades)* Jul 8(Sat); 4-630P \$60

* Camp is open to all athletes regardless of club/school affiliation.

High Performance(Position) @ \$180/Camp

The highest-level camp offered, which is designed to train high potential student-athletes in skills required to be successful at the next level. We put a high emphasis on skill development, competition, education and high repetition. It is a great opportunity for athletes to experience the best-quality Academy

To ensure the camp quality, Academy reserve the rights to decline registration based on our judgments on players' skill and volleyball experiences.

12-14s(Rising 6-8th Grade)

15-18s(Rising 9-12th Grade)

☑ >1yr Experienced club players

☑ >3yr Experienced club players

☑ Limited players per position group

☑ Limited players per position group

#1: Aug 1-3; 530-830P #2: Aug 15-17; 530-830F #3: Aug 22-24; 530-830P

#3: Jul 25-27

#2: Jul 18-20; 530-830P

Classic Camp(All Skills) @ \$250/Camp

Youth Camp(All Skills) @ \$250/Camp

Camps are geared for the beginner to intermediate volleyball player, grades 7-10th. We work on all of the skills included in the game of volleyball with an emphasis on developing an all-around player. This is accomplished through drills and skill development, competitions and games.

☑ Age 12-15 with 1-3 yr experience; Grouped based on levels

☑ Age 8-12; Grade 3-7th

#1: Jul 4-6; 530-830P

☑ MS players(rising 7-8th grade); HS players(rising 9-10th grade)

☑ 0-1 yr experience

3 Full-day Camp (830-4P)

3 Full-day Camp (830-4P)

#1: Jun 27-29

#2: Jul 11-13

#4: Aug 8-10

#1: Jun 27-29

#2: Jul 11-13

#3: Jul 25-27 #4: Aug 8-10

High School Tryout Camp @ \$150/Camp

Designed to help high school players for the upcoming HS tryouts. It offers not only the skills training needed but also learning tryout process and tips.

#1: Jul 11-13(9-12P)

#2: Jul 25-27(9-12P)

Middle School Tryout Camp @ \$150/Camp

Designed to help middle school players for upcoming MS tryouts. It offers not only the skills training needed but also learning tryout process and tips.

#2: Aug 15-17(1-4P) #1: Aug 1-3(1-4P) #3: Aug 22-25 (1-4P)

Setting School

Setting school provides developing and experienced setters with systematic training that helps them to become capable and confident setters

□ 7/9 □ 7/16 □ 7/23

□ 7/30

□ 8/13

□8/20

□ 8/27

■ Intermediate

□ Advanced

Sun 3-5P @ \$35/Clinic

Specific Clinic

Specific Clinic is a skill/position specific coaching program designed to focus on different areas of the game: hitters(outside/right side), middle hitter/blocker, and defense(L/DS). All clinics include some serving practices. Players are grouped based on skill levels.

□ 7/9

□ 7/16 □ 7/23

□ 8/13

□8/20

□ 8/27

■ Attacking

□ Defense

Sun 3-5P @ \$35/Clinic

Program Rules

- $\sqrt{}$ Program size is limited and will be accepted on a first-come, first-served basis
- √ Minimum and maximum sizes of programs apply. We reserve the right to cancel any program that does not reach minimum requirements.
- √ Group/age/skill levels are established for programs. Group placement/movement are decided by Academy staff/coaches
- √ Online registration/payment are required for all programs. Walk-in accepted if space permits, higher fees might apply.
- √ Full refund if the program is canceled by Academy. Otherwise, issued credits could be used for other registrations. No refund will be issued after the program begins.

ONLINE REGISTRATION REQUIRED

Questions: info@ncacademyvb.org