

Summer Academy 2023

Youth Academy

A featured year-round program designed to develop young students with the focus of systematically teaching fundamentals. Students will be grouped based on age/skill into Beginner(Age 8 & Up), Intermediate (Age 11 & Up), and Advanced (Age 13 & Up).

Fri(5-7P) Group @ \$240

7/7; 7/14; 7/21; 7/28; 8/11; 8/18; 8/25; 9/1

Bonus Pack (Fr + Su) @ \$390

Su(5-7P) Group @ \$240

7/9; 7/16; 7/23; 7/30; 8/13; 8/20; 8/27; 9/3

Camps

Collegiate Performance @ \$/Camp

We are excited to host the training camps led by **Coaches(TBD)** from NCAA DI programs.

MS Camp(rising 7-8th Grades)*

HS Camp(rising 9-12th Grades)*

TBD

* There are no exceptions to the grade levels listed.

* Camp is open to all athletes regardless of club/school affiliation.

High Performance(Position) @ \$180/Camp

The highest-level camp offered, which is designed to train high potential student-athletes in skills required to be successful at the next level. We put a high emphasis on skill development, competition, education and high repetition. It is a great opportunity for athletes to experience the best-quality Academy training.

To ensure the camp quality, Academy reserve the rights to decline registration based on our judgments on players' skill and volleyball experiences.

12-14s(Rising 6-8th Grade)

- >1yr Experienced club players
- Limited players per position group

#1: Aug 1-3; 530-830P #2: Aug 15-17; 530-830F #3: Aug 22-24; 530-830P

15-18s(Rising 9-12th Grade)

- >3yr Experienced club players
- Limited players per position group

#1: Jul 4-6; 530-830P #2: Jul 18-20; 530-830P

Classic Camp(All Skills) @ \$250/Camp

Camps are geared for the beginner to intermediate volleyball player, grades 7-10th. We work on all of the skills included in the game of volleyball with an emphasis on developing an all-around player. This is accomplished through drills and skill development, competitions and games.

- Age 12-15 with 1-3 yr experience; Grouped based on levels
- MS players(rising 7-8th grade); HS players(rising 9-10th grade)

Youth Camp(All Skills) @ \$250/Camp

- Age 8-12; Grade 3-7th
- 0-1 yr experience

3 Full-day Camp (830-4P)

#1: Jun 27-29 #2: Jul 11-13 #3: Jul 25-27 #4: Aug 8-10

3 Full-day Camp (830-4P)

#1: Jun 27-29 #2: Jul 11-13 #3: Jul 25-27 #4: Aug 8-10

High School Tryout Camp @ \$150/Camp

Designed to help high school players for the upcoming HS tryouts. It offers not only the skills training needed but also learning tryout process and tips.

#1: Jul 11-13(9-12P)

#2: Jul 25-27(9-12P)

Middle School Tryout Camp @ \$150/Camp

Designed to help middle school players for upcoming MS tryouts. It offers not only the skills training needed but also learning tryout process and tips.

#1: Aug 1-3(1-4P)

#2: Aug 15-17(1-4P)

#3: Aug 22-25 (1-4P)

Setting School

Setting school provides developing and experienced setters with systematic training that helps them to become capable and confident setters

7/9 7/16 7/23 7/30 8/13 8/20 8/27

Intermediate

Advanced

Sun 3-5P @ \$35/Clinic

Specific Clinic

Specific Clinic is a skill/position specific coaching program designed to focus on different areas of the game: hitters(outside/right side), middle hitter/blocker, and defense(L/DS). All clinics include some serving practices. Players are grouped based on skill levels.

7/9 7/16 7/23 7/30 8/13 8/20 8/27

Attacking

Defense

Sun 3-5P @ \$35/Clinic

Program Rules

- ✓ Program size is limited and will be accepted on a first-come, first-served basis
- ✓ Minimum and maximum sizes of programs apply. We reserve the right to cancel any program that does not reach minimum requirements.
- ✓ Group/age/skill levels are established for programs. Group placement/movement are decided by Academy staff/coaches
- ✓ Online registration/payment are required for all programs. Walk-in accepted if space permits, higher fees might apply.
- ✓ Full refund if the program is canceled by Academy. Otherwise, issued credits could be used for other registrations. No refund will be issued after the program begins.

[ONLINE REGISTRATION REQUIRED](#)

Questions: info@ncacademyvb.org